

## ANXIETY AND DEPRESSION COMORBIDITY IN A PAEDIATRIC POPULATION WITH EATING DISORDERS

Oscar Zúñiga Partida\* and Edith Padrón Sólon\*\*

We studied a population of 139 paediatric subjects to determine the prevalence of anxiety and depression in children and adolescents with eating disorders. We found that the presence of anxiety and depression was higher amongst patients with bulimia and anorexia nervosa, and thus concluded that the comorbidity of these disorders is high in paediatric subjects with eating disorders. The appropriate detection and treatment of this comorbidity improves the prognosis of patients with eating disorders. KEY WORDS: comorbidity, anxiety, depression, anorexia, bulimia.

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## BONDING IN CHILDREN WITH INTELLECTUAL DISABILITY: REFLECTIONS ON THE PROMOTION OF SECURE ATTACHMENT

Claudia P. Pérez-Salas<sup>1</sup> and María Pía Santelices<sup>2</sup>

This paper explores attachment relationships in intellectually disabled toddlers due to the high prevalence rate of insecure and disorganized patterns. The paper concludes that it is possible to attain a secure style of attachment in these children. The role of parental sensitivity in this achievement is underlined. The importance of secure attachment styles as a protective factor of emotional and behavioural problems is discussed, and the need of further investigation on this issue is stressed. KEY WORDS: attachment, intellectual disability, sensitive response, emotional and behavioural problems.

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## CONFLICT MANAGEMENT, AGGRESSIVENESS AND VIOLENCE IN SCHOOLS: FROM NORMALITY TO PATHOLOGY

Vinyet Mirabant Junyent \*

This paper illustrates an aspect of the work of a School psychologist. The importance of teaming up with the teaching staff and taking care of the diverse relational problems emerging within the school framework are underlined, with the objective of promoting constructive dynamics. The value of conflict detection and its channelling from early ages onwards (in a gradation ranging from normality to pathology) is considered a preventive factor of situations that could generate violence in the future. KEY WORDS: school, observation, conflict, violence, containment.

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## PSYCHOTIC BREAKDOWN IN ADOLESCENCE

*Anna Maria Nicolò \**

During the last years, therapists who treat adolescents have paid special attention to first psychotic breakdowns in adolescence. This paper proposes several issues for discussion, such as assessment of adolescent psychotic breakdowns, the specificity of this pathology, the special phantasmatic functioning and implications for treatment. The paper explains how therapeutic work in adolescence is crucial for obtaining results. Some clinical vignettes are included to show the importance of maintaining flexible criteria which consider the evolution of the patient and growth or risk aspects for the personality. The paper finally discusses possible technical modifications necessary for treatment. KEY WORDS: psychotic breakdown, psychoanalytic psychotherapy in adolescence, assessment in adolescence, therapeutic alliance.

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## ESSENCE OF PSYCHOSIS AND ORGANIZING AN ADOLESCENT TREATMENT PROGRAM

*Pirkko Turpeinen-Saari\**

The treatment organization is based on the concept of health and illness. The treatment of psychotic adolescents can be based only on true concept of reality. Unfortunately the everyday reality in the present day societies is based on competition, power using and misleading information where people can no more feel what is true and what is not. However this latter reality is considered as normal. This article outlines how alienation from ones own feelings can be prevented. Treatment of psychotic adolescents can succeed only if they can feel that the treatment personnel and therapists share a reality where genuine feelings are respected, where education is not enough but also empathy prevails. Where adolescent's needs for immediate intervention, continuity of care and intensive psychotherapy are fulfilled. KEY WORDS: creative reality, continuity of care, immediate intervention, creative organization

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## CONSIDERATIONS ON THE ORGANIZATION OF THE CHILD PSYCHIATRIC SERVICES IN ITALY

*G. Rigon<sup>1</sup>, S. Costa<sup>2</sup>, A. Fioritti<sup>3</sup>*

Recent sociological research on childhood and adolescence in Italy has highlighted the following problematic: a weakening of the support network of equals and family, violence and risk behaviour in adolescents, and the problem of unaccompanied foreign minors. These same themes are found among the clinical issues handled by the Italian neuro-psychiatric services and the European Community. This paper illustrates the organizational model of Emilia-Romagna characterized by the concept of an integrated service system, amongst which is the Adolescent Neuro-Psychiatric Service of Bologna. KEY WORDS: mental health service, child psychiatry, childhood, adolescence.

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## THE FIVE SENSES IN THE BEING AND DOING OF THE FAMILY THERAPIST

*Imanol Portilla Ezkerra\**

To make full use all of our five senses mean paying careful attention to a specific activity. The most important activity which we human beings are entrusted with, even if only because it encompasses the rest, is that of living. In us therapists, paradox and coincidence take place. We live in our own families yet at the same time observe and experience other families, while attempting to bring them from nonsense, presentiment or consent, to make sense. By making

full use of our five senses in our therapeutic task? This paper proposes different ways of using our five senses as tools, focusing particularly on the fifth sense: touch. KEY WORDS: senses, style, touch, therapy.

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## PARALLEL LIVES?: OBSERVATION OF A BABY IN HIS FAMILY AND OF A BABY IN A RECEPTION CENTRE FOR MINORS (PART II)

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Two observation sessions, following Esther Bick's method, are compared. They correspond to a boy observed in his family and to a boy living from birth onwards in a Reception Centre for Minors pertaining to the Catalan Department of Justice. The observation technique employed was the classical one, although the contexts of observation and developments greatly differed between one baby and the other. Two approximately contemporary observations are compared: at 6 and 12 months. To avoid a preconception bias, the observation sessions were chosen according to the criteria of the observers and participants in the seminar, and not the seminar director. The paper finally makes some reflections concerning early childhood development and the outcomes in each case. KEY WORDS: observation, early childhood, institutionalization, group-care, reception centres.

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## A PROJECT OF EVALUATION OF RESULTS IN CHILD AND ADOLESCENT PSYCHOANALYTIC PSYCHOTHERAPY

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This paper presents a project of evaluation of child psychoanalytical psychotherapy treatments. The data analysis of the population studied revealed that psychotherapies obtaining the best results were those psychotherapies whose length came closest to the pre-established length, those undertaken with the youngest population groups and those with patients where anxiety had a predominant role amongst clinical symptoms. KEY WORDS: evaluation, psychoanalytic psychotherapy, child and adolescent psychotherapy.

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