

PHARMACHOLOGIC PRESCRIPTION WITHIN A PSYCHOTHERAPEUTIC  
FRAME. AN UPDATED GUIDE (Part II)

Roland Dufour \*

This paper presents the different families of psychotropic drugs liable to be used with children or adolescents. Globally, and beyond their particularities, indications and objectives, the prescription of psychotropic drugs is considered here as a complement to a psychotherapeutic treatment. From a psychodynamic perspective this implies the diagnostic detection of the underlying structural organization which will be the centre of the treatment and will generate a lateral transference that can be brought up in the psychotherapy. At this point, complementary interventions can really be anticipated. KEY WORDS: drug prescription, relational context, psychotropic drugs and psychotherapy, indications, counter-indications, interactions.

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PSYCHOANALYTIC PSYCHOTHERAPY WITH PARENTS-CHILDREN  
PARALLELGROUPS. A DIAGNOSTIC MODALITY FOR PARENTS

Alejandra Taborda (\*) and Elena Toranzo (\*\*)

Presentation and foundations of the Interview with Parents (Toranzo, 2000), stressing the modality of administration. The analysis of clinical material shows how therapeutic aspects of the diagnosis are used. Individual and group transference processes are used as an axis. The unconscious phantasies which appear in the here and now relationship with the therapist are part of the mother-child relationship and of the transgenerational transmission of healthy and sick aspects. This modality of intervention -inserted in an empirical research model of Group Psychoanalytic Psychotherapy- intends to intervene at a health care and preventive level. KEY WORDS: psychoanalysis, diagnosis, psychotherapy, parallels groups of parents and children.

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A ROLE FOR THE FATHER

Jorge L. Tizón\* and Pietat Fuster\*\*

This paper reflects on the role of the father and fatherhood in contemporary western societies. A brief review of scientific literature describing the changes that fatherhood entails is made. These issues and the role of the father are illustrated through a baby observation following Esther Bick's method. The paper finally proposes various hypotheses regarding why the role of the father and fatherhood have been taken so little into account by contemporary scientific and technical approaches, and especially by psychoanalysis and applied psychoanalytic approaches. KEY WORDS: Father, baby, fatherhood, motherhood, observation, father's role, father's function.

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## SOCIAL ENVIRONMENT AND DIFFERENT FAMILY CONFIGURATIONS

Amalia Alarcón<sup>1</sup>, Armando Bauleo<sup>2</sup>, César Galán<sup>3</sup>, Diana Goldzac<sup>4</sup>  
Paloma González<sup>5</sup>, Alicia Monserrat<sup>6</sup>, Diana Sastre<sup>7</sup>

In this experience we intended to help boys and girls from families belonging to deprived sociocultural classes who presented difficulties and disorders in their daily behaviour. We tried to “contain” their anxieties and favour their discrimination, and to give rise to autonomous psychic development. With the rest of the family members we intended to generate a better understanding of their family difficulties and a better use of their parenting resources for improving the development of their children. After interviewing the children and family members we organised two different therapeutic groups, one for the children and the other for their families, and applied the “operative” group technique. The group processes for both groups, their outcome effects and conclusions, are finally considered. KEY WORDS: children, families, deprived social classes, operative group intervention technique, containment, clarification, learning to discriminate, phantasy, reality.

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## FAILURES IN PRIMARY RELATIONSHIPS AND LEARNING DIFFICULTIES

Josefina López Moreno\*

This paper reviews the contributions made by various authors on the first moments of life and on primitive object relations. The development of learning processes and how relational disturbances can alter them, and some of the repercussions on oral and written language acquisition and development, and on learning in general, are then considered. KEY WORDS: differentiation, language, symbolization, sensory, catastrophic anxiety.

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## GROUP THERAPY IN CHILD CONDUCT DISORDERS. AN EXPERIENCE IN A MENTAL-HEALTH CENTRE

Lourdes Martín Martínez de Toda\* and Manuel García Mayo\*\*

This paper describes, by means of an observational study, the use a group approach for the diagnosis and treatment of childhood conduct disorders. The direct observation of the infantile behaviours allows us to detach ourselves from a markedly taxonomic, biological and inborn approach. We, therefore, understand a high percentage of disruptive behaviours as functional disorders susceptible of being approached by using strengthening experiences amongst equals in a structured context. KEY WORDS: childhood conduct disorders, disruptive behaviour disorders, group process, functional disorders.

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## GROUP OF MOTHERS AND FATHERS IN FRONT OF DESOLATION Júlia Masip Serra\* and Rafel Tubau Clará \*\*

The main objective of this paper is to describe and show, through a group experience in highly aggressive and conflictive family situations, the complex work of primary care professionals of social services. An interdisciplinary approach with a group of mothers and fathers who suffered aggressions from their children decreased the family conflictive, also improving the social intervention. KEY WORDS: adolescence and aggression, family conflictive, group intervention, interdisciplinary.

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## INTERNATIONAL ADOPTION: PREPARATION AND SUITABILITY. THE EXPERIENCE WITHIN A TEAM Vinyet Mirabent Junyent \*

This paper explains the experience of the team for adoptions of the *Vidal i Barraquer Foundation*, an institution that takes care of the process of suitability to adopt in Catalonia. The preparation for adoption is considered an essential part for the future adoptive parents, as it helps them to bear more realistic expectations and therefore to create a mental space that favours the bonding with their child. The assessment interviews for adoption are explained, and some reflections concerning suitability are also put forward. KEY WORDS: preparation, suitability, bond, orphanage, adaptation, origins.

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## EARLY INTERVENTION IN THE PREVENTION OF HYPERACTIVITY DISORDER. A MODALITY OF BRIEF FAMILY PSYCHOTHERAPY Alfons Icart Pujol\* y Teresa Ribalta Torrades\*\*

This paper, from a psychodynamic theoretical framework, describes a modality of brief family psychotherapy in a public institution to attend the development of a hyperactivity and attention deficit syndrome (ADHD). A clinical case is presented, and recommendations on how to identify, prevent and treat the factors of the family dynamics which predispose and/or contribute towards the structuring of this disorder are considered. KEY WORDS: ADHD, family psychotherapy, brief psychotherapy, psychotherapy in public institutions.

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