

CHANGES IN INTERPERSONAL RELATIONSHIPS IN A THERAPEUTIC GROUP
OF ADOLESCENTS: A PILOT STUDY ON THE APPLICATION OF CCRT
METHODOLOGY

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ABSTRACT

In this study CCRT methodology was adapted to analyse the interactions that take place in scenotherapy, a group treatment which consists in the staging of fictitious relational episodes plotted by the patients followed by a subsequent reflection on what has been staged. The comparison between the content of two initial sessions with two final sessions showed a big increase of the total number of significant interactions, both harmonic and disharmonic, staged by the patients. Widening the range of emotions is related in other studies with a good therapeutic outcome. **KEY WORDS:** group psychotherapy, scenotherapy, process and outcome research, CCRT methodology.

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PHARMACHOLOGIC PRESCRIPTION WITHIN A PSYCHOTHERAPEUTIC
FRAME. AN UPDATED GUIDE (Part 1)

Roland Dufour *

This paper presents the different families of psychotropic drugs liable to be used with children or adolescents. Globally, and beyond their particularities, indications and objectives, the prescription of psychotropic drugs is considered here as a complement to a psychotherapeutic treatment. From a psychodynamic perspective this implies the diagnostic detection of the underlying structural organization which will be the centre of the treatment and will generate a lateral transference that can be brought up in the psychotherapy. At this point, complementary interventions can really be anticipated. **KEY WORDS:** drug prescription, relational context, psychotropic drugs and psychotherapy, indications, counter-indications, interactions.

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PSYCHO-SOCIAL ASPECTS OF PRIMARY PAEDIATRIC HEALTH CARE

Jaume Sabrià Pau*

This paper reflects on some of the psycho-social aspects of current primary paediatric health care which initially addresses the somatic aspects of sickness and health but also soon considers the mental and relational world. The on-going attention throughout a child's growth period, the containment of anxieties related with parenting, and the importance of offering support to parents and carers in order to foster healthy age-appropriate behaviours are described as highly relevant functions of ambulatory paediatric care. The paper finally considers the teaching of child-parent boundaries and how to manage somatisation in primary health care. **KEY WORDS:** primary paediatric health care, parents and children, family.

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CLINICAL PRACTICE GUIDE FOR THE CARE OF THE PATIENT WITH SCHIZOPHRENIA: CONSIDERATIONS ON ITS APPLICATION TO CHILD AND ADOLESCENT POPULATION

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An abridged version of the *Clinical practice guide for the care of the patient with schizophrenia* adapted to a child and adolescent population is presented. Its elaboration process, the general management lines of schizophrenia and the different types and contexts of intervention depending on the moment of the illness are discussed. Several considerations regarding the application of the recommendations with children and adolescents are discussed. **KEY WORDS:** schizophrenia, clinical practice guide, childhood and adolescence.

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THE BABY, THE CHILD AND THE VIOLENCE OF ACCESS TO LANGUAGE

Bernard Golse*

The author considers the access to intersubjectivity and the mourning of the primary object which determine, from a psychoanalytical perspective, the possibility to access verbal language. The two main modes of communication (analogical and digital) and the maternal voice as an opera for the baby, that is, as an exchange that goes beyond the separation between music and meaning, are examined. The problem of narrative and its different epistemic roots is also reviewed. Research conducted by Necher on the temporary and behavioural precursors of verbal language in children is explained. The experience of loss of words in some psychotic patients is finally considered. **KEY WORDS:** baby, communication, intersubjectivity, language, narrative, precursors of verbal language.

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PSYCHOTHERAPEUTIC THOUGHT AND EMOTIONAL CONTAINMENT OF THE HOSPITALIZED CHILD

Lluís Farré* and Anna Mir Bou**

This paper describes a system of intervention with health care teams designed to reduce the fragmentation resulting from the impact of the anxieties aroused during the treatment process of children and adolescents with an illness. The analysis of parts of the material from group work sessions allows to evaluate both the dynamics and evolution of the group as well as the advantages of a model which profits from the resources of psychoanalytic observation. **KEY WORDS:** psychotherapeutic thought, health care teams, group work, clinical sessions.

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THE MULTIFAMILY GROUP IN AN ADOLESCENT DAY-HOSPITAL

Javier Sempere Pérez *

The author reviews the setting up of a day-hospital for adolescents with psychiatric disorders. The intervention model inspired by the therapeutic community philosophy is described, and the experience after one year is evaluated. After questioning the low level of participation by the families in the project, the author analyses the process designed to increase family inclusion and which eventually ends up with the constitution of a multifamily group. The author concludes his paper with a subjective evaluation of the results of this experience. **KEY WORDS:** day-hospital, adolescence, therapeutic community, multifamily group.

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HOW TO TAKE ADVANTAGE OF PATIENTS' RESOURCES IN THERAPEUTIC GROUPS

Imanol Portilla Ezkerra *

In this paper the author stresses the idea that people who seek therapeutic help have resources and skills that can assist them to resolve their problems, and that it is the professional's task to awaken and re-use these resources in order for patients to achieve the objectives which they themselves pose. **KEY WORDS:** resources, skills, objectives, provide, respect.

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THE ACTIVE SEARCH OF THE BOND

Aurora Jubany *

This paper shows the therapeutic intervention with a case of severe autistic pathology through the presentation of fragments of clinical material. The working focus is the active search of the bond by the therapist versus the child's tendency and inertia towards avoidance and disconnection. The specificity of the therapeutic intervention consisted in counteracting this tendency, mobilizing an evolution of the mental organisation, and promoting changes in the psychodynamic functioning in order to generate a more favourable prognosis. **KEY WORDS:** autism, active search of the bond, avoidance, transition, symbolization.

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MANAGEMENT OF AN EARLY EATING DISORDER. THE MODAL TRANSPOSITION OF PERCEPTIONS

Roser Noguera Corrons*

This paper reflects on the management of a case of an early eating disorder treated in a Child and Juvenile Mental Health Centre. The author postulates that the theoretic concept of the modal transposition of perceptions, evoked by the therapist during a session, gave meaning to and strengthened a change that was being activated in the patient. **KEY WORDS:** feeding, primary health care, modal transposition of perceptions, selected fact.

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