

EFFECTIVENESS OF A PROGRAM FOR THE PROMOTION OF SEXUAL HEALTH AND THE PREVENTION OF GENDER VIOLENCE IN ADOLESCENTS

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This paper describes a before-afterwards intervention study undertaken in four schools with a sample of 202 students from second year high school and formative cycles grades. The intervention was carried out by means of educational sessions in groups of 20-25 subjects with sequential programming of knowledge and attitudes. The results reflected the effectiveness of the program as after its application a significant increase in the rates of knowledge and of affective-sexual attitudes, with independence of the sex, type of school or teaching, took place. KEY WORDS: sexual health, affective-sexual education, adolescence, gender violence, prevention.

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PERSONALITY DISORDERS IN ADOLESCENTS, CHILDREN AND EVEN IN BABIES

F. Palacio Espasa*

In this paper the author proposes a journey through personality disorders from the smaller child up to the adolescent. To achieve this, the author describes each of them and highlights their main characteristics from different angles: relationship with the interviewer, ego functions, self concept and identifications. The paper finally ends with an account of clinical and therapeutic elements to be considered in affective disorders of the baby and toddler. KEY WORDS: personality disorders, ego functions, self, affective disorders.

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PSYCHOTHERAPEUTIC APPROACH WITHIN THE FRAMEWORK OF JUDICIARY MEASURES FOR MINORS

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One of the measures which can be imposed by Spanish juvenile courts on delinquent minors is an outpatient treatment. This paper is a reflection on the application of this kind of treatments in a mental health service for adolescents who have been reported to the juvenile justice system. Several relevant issues involved in these treatments such as personal motivation and bonding facing the imposition of the measure, psychodynamic focus and development, and the need for an interdisciplinary approach, are all examined in this paper. KEY WORDS: outpatient treatment as a judiciary measure, psychotherapy with adolescents, interdisciplinary approach.

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HELP FOR PARENTS: BETWEEN EDUCATION AND THERAPY

G. Fava Vizziello *

This paper presents a 14 year longitudinal study of 50 families with a psychotic parent diagnosed by an adult psychiatric service. 117 preterm children with very high neuropsychological risk together with their families were also followed for 15 years, and 51 parents were followed from the 7th month of conception up to the sixth year of life. The paper reviews some aspects of the development and needs of the parental function throughout different moments of the life of parents and children, and points out at least 30 different types of interventions and therapeutic approaches. KEY WORD: parental function, psychosis, neuropsychological risk, therapeutic approaches.

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PERSONALITY, FAMILY AND BIOLOGICAL VARIABLES AS RISK FACTORS IN SUBSTANCE ABUSE IN ADOLESCENTS

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This paper presents a research which seeks to identify correlations between variables involved in substance consumption in adolescents. Four psychological instruments were applied to a sample of 509 adolescents from high school. The results show significant correlations between some personality styles, conflicts and clinical syndromes in adolescents and alcohol consumption. Parental separation, breeding and family educational policy was found to correlate with addictive substance consumption in adolescents, and gender was related to the use of addictive substances which was predominant in male adolescents. KEY WORDS: personality, adolescents, substance consumption, family variables.

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CHILD AND ADOLESCENT DAY HOSPITAL: ORGANISATION AND FUNCTIONING

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This theoretical paper examines the concept of the day hospital, also called partial hospitalisation, and reviews its origins, advantages and effectiveness in the treatment of child and adolescent serious psychopathological disorders. There is quite a lot of scientific literature concerned with the effectiveness of this type of treatments, but a very small part actually explains the functioning or optimal structure of these work units. The main objective of this paper is to provide information on the internal running and functioning of the Child and Adolescent Day Hospital of Algeciras (Spain). KEY WORDS: day hospital, organisation, functioning, childhood, adolescence

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