

LA TÉCNICA DE LA PSICOTERAPIA PSICODINÁMICA BREVE MADRE-PADRE-NIÑO

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ABSTRACT

In this article the authors consider which are the specific elements of psychotherapies with father-mother and baby. The study of the speaking time and/or of the emotional implication of the father and the mother turned out to be very similar in both parents. The same occurs with the type of fantasies of the parents. Although the father often feels as the excluded third party of the more intimate corporal relationship between mother and baby, the role of the "third party" is played by each parent towards the symbiotic fantasies of the other parent with the baby.

These psychotherapies permit the formulation of hypothesis by articulating the similarities between the anaclitical fantasies characteristic of parenthood with those that determine the choice of a partner. It essentially concerns: 1) the projective identification on the other partner of the image of the ideal parent which the father/mother would have liked to have had, and 2) the projective identification of the ideal child which the mother/father would have liked to have been. Key words: psychotherapies, parents and children, anaclitical fantasies, projective identification.

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ORGANIZACIÓN OBSESIVA EN EL DESARROLLO PSÍQUICO: FACTORES DINÁMICOS COMUNES CON LAS ORGANIZACIONES VECINAS

Eulàlia Torras de Beà

ABSTRACT

The dynamic organisation of obsessive disorders in early childhood is studied through the clinical examples of four children who consulted between three and a half and four years of age. The common dynamics with neighbouring defensive organisations such as the phobic-paranoid, autistic, depressive, manic, and psychotic, as well as the appearance of the condition of gifted children, are discussed. Severity, genetics, evolution, and treatment objectives are also considered. Key words: obsessive organisation, obsessional neurosis, dynamics, obsessive-compulsive disorder (OCD).

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PADRES E HIJOS HOY

Blanca Anguera Domenjó

ABSTRACT

This paper reflects on certain aspects of family relations in western society. It analyses in detail the changes that couples experience when they become parents. The promotion of groups of psychological care before the arrival of the first son/daughter to share and work through these changes is suggested. Key words: changes, couples, paternity, parents and children.

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DETECCIÓN DE ACTITUDES ALIMENTARIAS DE RIESGO ENTRE LOS PROFESIONALES QUE TRABAJAN CON NIÑOS Y ADOLESCENTES

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ABSTRACT

Objective: The aim of this study was to determine disturbed eating attitudes in different children and adolescents's professionals. *Method:* Education and sociosanitary professionals were evaluated using a questionnaire: the Eating Attitudes Test (EAT-26). *Results:* A total number of 351 participated: 290 women and 61 men (100% participation rate). A 5.52% (95% CI: 3.19% to 8.81%) of the women and a 0.0% (95% CI: 0.0% to 5.87%) of the men were classified at risk of eating disorder. *Conclusions:* The morbidity risk of eating disorders in female professionals is similar to those reported for other community samples. This paper makes replication necessary but if our results can be confirmed they carry important implications for the preventive interventions in children and adolescents. Key words: child, adolescent, eating attitudes, eating disorders.

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LA PSICOTERAPIA BREVE PADRES-HIJO: ¿UNA TÉCNICA DIFERENCIADA?

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ABSTRACT

This paper updates the psychotherapeutic technique which, for more than a decade, the author has called "Therapeutic observation of child with his mother". The author reviews the foundations and indications of this technique of psychological help which is basically focused on favouring the recuperation of the emotional functions of the family: containment, reverie, hope, trust, love, capacity to think. Concerning these, he proposes and updates an outline to understand their development in early infancy. The paper tries to delimit the indications and conditions for the application of this psychotherapeutic technique. All of this is illustrated with a clinical case. Key words: psychoanalytic observation, baby observation, infant psychotherapy, mother-baby psychotherapies, parents-child psychotherapies, primary mental health care, containment, reverie.

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UNIDAD PSICOBIOLOGICA HUMANA Y SU ESTRUCTURACION DESDE LA PRIMERA INFANCIA

Lluís Barraquer Bordas

ABSTRACT

The author considers the progression of the human psychobiological unit throughout infancy and adolescence, underlining the notion of unit with the integrated planes: a) of the central nervous system and the visceral world connected with it and, b) of the noétic and affective components of the mind. He underlines affectivity as the axis that governs and directs mental progression and recalls the concept of "organizers" of R. Spitz. A brief review of ideas of M. Klein and Balint is made. Finally, the contributions of subtle neuroanatomy that reveal the fines connections of the limbic system with the areas of the perceptive functions are examined. Key words: psychobiological unit, organizers, affectivity, maturation of the nervous central system, operativity, splitting.

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